



We pay our respects and acknowledge all the traditional custodians of this land, the Elders and the descendants, past and present



## QUOTES OF THE MONTH

"Nothing in the universe can stop you from letting go and starting over." – Guy Finley

"Learn from yesterday, live for today, hope for tomorrow. The important thing is not to stop questioning." – Albert Einstein

## PHOTO OF THE MONTH

'Reflections' by Glenn Cameron

### Monthly Prizes for Photo of the Month Winner

Receives: \$30 voucher from Shelly's Cafe; \$10 PuppCo voucher from Jas Brewer; and a \$50 drinks or dining voucher donated by 3 Villages Community Group to spend at a local cafe or the DAVO RSL. Many thanks to our sponsors for their support of the Photo of the Month Comp.



*Paula Taylor*

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## PROJECT REPORT

### Democracy Sausage Sizzle Fundraiser

What a great day it turned out to be at Saratoga Hall in terms of voter turnout and community engagement for the recent Council elections. The wonderful weather worked well for the 3 Villages Sausage Sizzle Fundraiser and, as a result, the BBQ team sold 240 of (we can proudly claim by popular vote) the best sausage sandwiches around. Thank you to everyone for the support in stopping by to partake, and special thanks to all the volunteers who helped cook, serve, and raise funds that will go towards building the community garden at Saratoga Hall.

Again, David Lyle and Samantha Washington from STONE REAL ESTATE donated an additional \$500 to support the fundraiser and for this 3 VCG thanks them very much on behalf of our community.

### Saratoga Hall Air Conditioning

At long last we are very happy to say thank you to Central Coast Council for installing the new air conditioner into the meeting/training room at Saratoga Hall.

There is a fully equipped kitchen in the adjacent room, and the new air con. now makes this an ideal place to hire for meetings, classes, training sessions or workshops, etc. The room is also perfect to hire for dinner parties or larger family dinners.

### AGM

The 3 Villages Community Group AGM will be held on Wed Nov 6 at 6.30 pm at the Saratoga Community Hall. All financial members are welcome to attend the meeting, and the committee looks forward to seeing you there.

Should you wish to become a financial member, please visit [3villages.com.au](http://3villages.com.au) website to join.

Memberships are \$15 and renewals \$10.

RSVP via email [threevillagesgroup@gmail.com](mailto:threevillagesgroup@gmail.com)



Above: Just a few of the wonderful BBQ Team from election day Andy Rutherford, Tracey and Trevor Ellis and Alison Slattery.

### Community Volunteers

Volunteers really do help keep a community functioning and we are so lucky to have many stepping up to help with all sorts of projects.

Recently, husband and wife Jodie and Andy Rutherford helped with sanding and priming some of the Nutcracker Soldier decorations so they could look great again along Davistown Road over the Christmas break. A call out to the community to decorate the soldiers resulted in all the soldiers going out to families who wanted to participate. We can't wait to see them all looking resplendent, and up around the 3 Villages again this year.

Taia Sansom,  
3 VCG Group President

Taia Sansom  
See Pic page 3

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## THE BELLS AND WHISTLES

### NSW Volunteer of the Year Awards

Congratulations goes to the 3 Villages Community Group for winning the category of Central Coast Volunteer Team award at the NSW Volunteer of the Year AWARDS ceremony held recently at Mingara Recreation Club.

Wow! Receiving this very special award was simply amazing and unexpected. With a room full of high achievers, it was a wonderful experience being called up along with Stephanie Blower, (3VCG Secretary and Public Officer), to receive it. Another 3 Villages local, Duncan Bennett, was also acknowledged and went on to win Central Coast Senior Volunteer of the Year for his ongoing work with Avoca Surf Club.

Additionally, Stephanie, Duncan and Taia all volunteer for other organisations, and you may also happen to see them as part of the newsletter team out and about delivering these each month. Thank you to the whole community for your great support to our group.

We do what we do for you, but without your support we wouldn't be able to do anything.

*Taia Sansom*

Right L-R Stephanie Blower and Taia Sansom 3VCG, Adam Crouch MP for Terrigal, Representative for Paula Hardwick (winning Adult category), and Duncan Bennett.



Above: Jodie and Andy Rutherford at work, see story p2

## IN THE GARDEN

### New plants for free!

There are many plants that can be grown from cuttings, giving you plants for free and before the heat of summer really hits is the best time to give it a try. Not all plants can be grown from cuttings so it's best to check on a gardening website.

This is what I do, and it might not be what a specialist propagator would do, but I get reasonable results. Start off with very clean equipment, good hygiene is important, even for plants. Have clean tools and pots to plant into and a decent potting mix. A rooting hormone in powder or gel form is also useful to encourage root growth. Collect shoot tips, around 10 cm long from the semi-hardwood of the plant, it'll be a bit flexible. Trim off the lower leaves, leaving three or four at the top. Get a little piece of wood, like a chopstick, it's called a dibber, use that to poke a hole in your pot of potting mix, dip the cutting into the rooting

**Cont. P4**

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## MEET THE LOCALS

### Maggie Vincent

I always say everyone has a story even if we think we lead ordinary lives.

So I thought it was about time I introduced myself; my name is Maggie Vincent and I am the Vice President of the 3 Villages Committee and also produce our Meet the Locals articles.

My husband Jamie and I moved to Saratoga 16 years ago after living in Western Sydney. We chose Saratoga because of the village atmosphere and our beautiful 3 Villages waterfronts. Before retiring, I was employed in the disability sector for over 35 years across both government and non-government sectors. Since then I have joined Rotary with a wonderful group of people in projects that contribute to our community. My two favourite projects are our Dementia Support Group (Dementia Café) held at Terrigal CWA Hall on the second and fourth Mondays of the month (you can contact me for more information) and our WAVES Inclusive Dance Party, held quarterly in partnership with NDIS provider Social Futures, and a wonderful committee of young people with a disability who lead the way in organising these events.

I have also joined the local Heart Foundation Walking Group, a local book club, and Avoca Beach Days for Girls, a very special

group of volunteers who meet every Thursday to sew and pack reusable sanitary kits for girls and women both in Australia and in Third World countries.

You couldn't possibly get bored living on the Coast, there is so much to be a part of.

We are very lucky to have family close by, and I love spending time with my children and our three gorgeous grandchildren.

I am always looking for people to interview for Meet The Locals so, if you would like to share your story with us or know someone that you think would be interested, I would love to hear from you.

You can email me on [maggieandjamie@gmail.com](mailto:maggieandjamie@gmail.com) or call me on 0434 315 327.



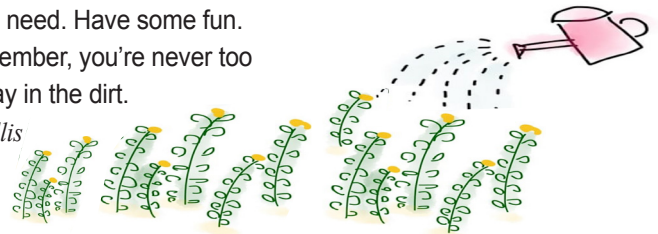
## IN THE GARDEN

**Cont. from p 3** hormone if you're using it, then pop in your cutting. Firm the soil around it so the cutting stands up. You can fit about 10–12 cuttings in a 100 mm pot; they don't mind being close, it helps keep them warm. Give them a little water and put them in a sheltered place.

If you want, you can make a wire arch over the pot and put a plastic bag over it to make a greenhouse effect. In a couple of weeks, you should see new growth. Wait until the cuttings are

at least double in size and gently replant them to give them more space. Don't worry if they don't all grow, that's why you plant more than you need. Have some fun. And remember, you're never too old to play in the dirt.

Tracey Ellis



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**Adam CROUCH MP**  
Member for Terrigal  
Parliamentary Secretary for the Central Coast

02 4365 1906 [terrigan@parliament.nsw.gov.au](mailto:terrigan@parliament.nsw.gov.au)  
[adamcrouchmp.com.au](http://adamcrouchmp.com.au) [adamcrouchmp](https://www.facebook.com/adamcrouchmp)

**How I Can Support You**

My friendly team and I are always happy to support you in matters relating to the Central Coast.

<ul style="list-style-type: none"> <li>✓ State Roads</li> <li>✓ Health and Hospitals</li> <li>✓ Education</li> <li>✓ Police</li> <li>✓ Emergency Services</li> </ul>	<ul style="list-style-type: none"> <li>✓ Transport</li> <li>✓ Social Housing</li> <li>✓ National Parks</li> <li>✓ Family and Community Services</li> </ul>
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Authorised by Adam Crouch MP, Shop 3 Fountain Plaza, 148-158 The Entrance Road, Erina NSW 2250, funded with parliamentary entitlements.



SEE YOU AT THE DAVO

# HALLOWEEN KIDS SCAVENGER HUNT

WEDNESDAY 30. Oct

Davo's backyard

\$12 per /child



Ticket holders can join in the hunt, discover spooky surprises, have a dance in the Halloween clubhouse & receive a prize !

BOOKINGS ESSENTIAL -  
3 SESSIONS AVAILABLE  
4.30 PM , 5 PM OR 5.30 PM

Book at reception, Club's App,  
website or scan the QR

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## SCHOOLS



### Year 12 Wellbeing

Our Year 12 students took part in a bubble therapy activity with their English teachers. Bubbles are the perfect antidote for any Pre-Trials HSC nerves.



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## WHAT'S ON

### OCT.

- Sun. 13 Davistown Putt Putt Regatta and Wooden Boat Festival**  
9 am - 4 pm - Illoura Reserve, Davistown
- Sat. 12 The Tribute Show - Beyond the Beatles**  
8 pm - Avoca Beach Theatre
- Thurs. 17 Grease - Sing-A-Long**  
5 pm - The Original High School Musical - Avoca Beach Theatre
- Thurs. 17 Memoir of a Snail - Film Runtime 94 mins**  
Time TBA - Avoca Beach Theatre
- Fri. 18 Exercise Your Brain** - Try out word puzzles and play games designed to sharpen your memory.  
10.30 am - Kincumber Library - Bookings on Ph 4304 7641
- Sun. 20 Umina Beach Markets**  
9 am - 2 pm - Next to Umina Surf Life Saving Club, Umina
- Mon. 21 The Gruffalo - Live on Stage**  
Adapted from an award winning picture book by Julia Donaldson and Axel Scheffler  
6 pm The Art House, Wyong
- Fri. 25 - Sat 9 Nov The Hunchback of Notre Dame - by Victor Hugo**  
7.15 pm Laycock St Theatre - Book online
- Fri. 25 Roy Orbison - Starring Aaron W Mansfield**  
8 pm - Live Tribute Show - Avoca Beach Theatre
- Fri. 25 Gosford Comedy Club - Central Coasts 'freshest' stand up comedy**  
7.30 pm - Funhaus Factory, Gosford
- Sat. 26 Elvis - "Anthony Petrucci"**  
8 pm - Live Tribute Show - Avoca Beach Theatre
- Fri. 25 - Sun. 27 ChromeFest**  
46 Marine Parade, The Entrance
- Sat. 26 Pearl Beach Food and Wine Fare**  
10 am - 4 pm Pearl Beach Memorial Community Hall

### NOV.

- Sat 2 Terrigal Beach Markets** - support local makers, craftsmen, artists etc  
9 am - 3pm - Adjacent to Terrigal Esplanade next to the War Memorial
- Tues. 5 Melbourne Cup Luncheon** - Best hat and best dressed prizes. Watch the race on the big screen.  
12 - 3 pm at the Davo! Davistown RSL, Murna Rd.
- Wed. 6 3 Villages Community Group - AGM Members Welcome to attend**  
6.30 pm - Saratoga Community Hall  
RSVP: email [threevillagesgroup@gmail.com](mailto:threevillagesgroup@gmail.com)
- Thurs. 7 Hawkesbury River History & Heritage Cruise: 3.5 hrs**
- Fri. 8 Brisbane Water History & Heritage Cruise: 3.5 hrs**  
Book online <https://www.areahistorytours.com.au>
- Mon. 11 2024 Remembrance Day National Ceremony**  
Australian War Memorial
- Sat. 16 Using Family Tree Maker** - One name could be all it takes to start your tree.  
9.30 - 12.30 Central Coast Family History Society, East Gosford - Ph 4324 5164
- Fri. 29 3 Villages Community Group Fun Trivia Night Christmas Party**  
6.30 pm - At the Davo - Davistown RSL Club, Murna Rd.

## THANKS



### Another Successful Rotary Project

Above: Charmaine & Kurt Blooms Chemist Saratoga

As Projects Director of our area's Rotary Club, this proposal was supported by the Club that we become part of a national program called 'DV Safe Phones' and collect old mobile phones. They will be 'cleaned' of information and re-distributed throughout Australia to people who are in need of them. Blooms Chemist Saratoga agreed to be the collection point and posted it on their Facebook page and the 3 Villages News also provided promotion. The response from the 3 Villages community was great and Rotary wish to thank everyone for their support.

Rotary meets every Monday night at the Davistown RSL, visitors are welcome, contact Christine Owen 0431 166 559.  
<https://rotarykincumber.org.au>

Peter Rea

**Rotary**



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